```
not_over_or_a  THM

⊢  ¬(A ∨ B) ⟺ ¬A & ¬B
  by Unfold ‘guard‘ 0
     THEN
     Lemma Thm* ¬(A ∨ B) ⟺ ¬A & ¬B    {not_over_or}
END
```