```
int_le_to_int_upper  THM

⊢  ∀i:ℤ, A:({i...}→Prop). (∀j:ℤ. i≤j ⇒ A(j)) ⟺ (∀j:{i...}. A(j))
  by (Unfold ‘guard‘ 0 THEN GenUnivCD) THEN HypBackchain
END
```