```
upto_wf  THM

⊢  ∀n:ℕ. upto(n) ∈ ℕn List
| by InductionOnNat THEN RecUnfold `upto` 0 THEN Reduce 0
|
.....subterm .....
1. n : ℤ
2. 0<n
3. upto(n-1) ∈ ℕ(n-1) List
⊢  upto(n-1) ∈ ℕn List  by GenConcl (upto(n-1) = l)
END
```